

# HIV Self-Testing In Kentucky



*Getting an HIV test has never been more convenient*

## What is an HIV self-test?

The HIV self-test is a private, accurate way to test at home for HIV. It's fast and easy. Just a swab of the mouth and 20 minutes later you have your results.



## If your HIV test is negative...

- Consider your on-going HIV prevention strategy. This may include: using condoms, practicing safer sex, repeat testing, and PrEP.

## If your HIV test is positive...

- A positive HIV self-test needs to be confirmed through additional testing with a healthcare provider or community testing site.
- If the follow-up test is positive, you will need to start antiretroviral medications to lower your viral load. While not a cure, it is possible to reduce the viral load to levels undetectable by lab tests. **When HIV is undetectable, it cannot be passed to others through sex.**

**Have questions about HIV,  
self-testing, or your self-test results?  
Call AVOL at 859-225-3000**

**AVOL**  
KENTUCKY INC.

WHERE  
TO GET AN  
HIV SELF-TEST

## **Buy a self-test**

HIV self-tests are available to purchase at pharmacy retail locations. Kits usually sell for \$40-\$50 per test.

## **Free self-tests**

Free self-tests can be ordered online at:  
**[together.takemehome.org](https://together.takemehome.org)**

You may also be eligible to receive a free self-test from **AVOL Kentucky Inc.**

For more information, visit the  
KY Dept of Public Health at:  
**[tinyurl.com/ms3z5t33](https://tinyurl.com/ms3z5t33)**